**Sample**

Note:

* Ralfi has practiced six times, most of them very short sessions. This is much better than one or two long practice sessions!
* He set very specific goals for each session
* His reflections show that he listening and thinking about his playing.
* He uses specific examples and musical terminology to explain.

**Name\_\_\_\_Ralfi McGee\_\_\_\_\_\_\_\_ Homeroom\_\_\_\_Mrs. Frizzle\_\_\_\_\_\_\_\_Week of: ­­­­­­ March 17th to 23rd**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Day | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| # Minutes | 20 | 25 | x | 15 | 30 | 15 | 45 |
| Goals | -Ab Scale  -Furioso mm 44-48  -Trilogy Rhythms mm 24 -40 | - Ab Scale  -Furioso mm 44-52  -Star Wars Dinamics |  | -Bb Scale, long tone on “Ti”  -Furioso mm 44-60  -March mm. 30-end | -Eb Scale, Long tones on mi fa sol  - Furioso Articulations  -Trilogy Dinamics | -Ab Scale  -Furioso mm 44- end  -Trilogy Rhythms mm 24 -40 | -Ab, Bb Scales  -Furioso dinamics and articulations  - All of Trilogy  -Silly Samba Review  -Teach myself happy birthday! |

Total Number of Practice Session this week: \_\_6\_\_ Total Time Spent Practicing this week:\_150 min\_\_\_

Parent/ Guardian Signature: Debbie McGee\_\_\_

What goals did you meet this week? ­­­­­­­­­­­­­­ I can now play furioso measures 44 to the end without making a mistake and with close attention to dynamics and articulations. I have memorized my Ab scale, and can play each note with my best tone. I can play the Trilogy rhythms in measures 24-40, and taught myself how to play happy birthday!

What are the biggest challenges you faced during practice time this week? My fingerings in measure 49 of Furioso, and getting a warm balanced tone on “ti” of my Bb scale.

What will you focus on improving next week? Our new scale is the chromatic scale, so I will begin exploring this in preparation for the next playing test, My tone on certain notes (B, Ab) is still poor, so I will be sure to include long tones and scales that use these notes. The dynamics and articulations in Furioso are difficult, so I will focus on these as well.